

ST. JOHNS COUNTY SCHOOL DISTRICT  
HEALTH SERVICES  
**ALLERGY MEDICAL MANAGEMENT PLAN**  
**SCHOOL YEAR 2016-2017**

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Teacher: \_\_\_\_\_ Room: \_\_\_\_\_ Plac

**ALLERGY TO:** \_\_\_\_\_ **Asthma** [ ] Yes\* [ ] No

\*Higher risk for severe reaction if asthmatic\*

Allergy Healthcare Provider: \_\_\_\_\_ Phone: \_\_\_\_\_

**STEP 1: TREATMENT**

**Symptoms:**

- If a food allergen has been ingested, but no symptoms
- Mouth: itching, tingling, or swelling of lips, tongue, mouth
- Skin: Hives, itchy rash, swelling of the face or extremities
- Gut: nausea, abdominal cramps, vomiting, diarrhea
- \*Throat: tightening of throat, hoarseness, hacking cough
- \*Lung: shortness of breath, repetitive coughing, wheezing
- \*Heart: thready pulse, low blood pressure, fainting, pale, blueness
- \*Other \_\_\_\_\_
- If reaction is progressing (several of the above areas affected, give

**Give Checked Medication\*\***

\*\*to be determined by physician authorizing treatment\*\*

- |                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
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| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |

\*potentially life-threatening. The severity of symptoms can quickly change\*

**DOSAGE**

Epinephrine: IM (circle one) EpiPen® 0.30 mg EpiPen®Jr. 0.15 mg Auvi-Q 0.15 mg Auvi-Q 0.30 mg

Antihistamine/Other: give \_\_\_\_\_  
medication / dose / route

**STEP 2: EMERGENCY CALLS**

1. Call 911. State that an allergic reaction has been treated, and additional epinephrine may be needed.
2. Call parent/guardian or emergency contact if unable to reach parent.

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician's Printed Name/Stamp \_\_\_\_\_

**Florida Statute 1002.20**

Florida law states a student with life- threatening allergies may carry an epinephrine auto injector while at school and school- sponsored activities with approval from his/her parents and physician.

The above named child may carry and self-administer his/her metered dose inhaler.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician's Signature: (required) \_\_\_\_\_ Date: \_\_\_\_\_

**IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.**

**THIS SECTION FOR PARENT/GUARDIAN TO COMPLETE:**

As the parent or guardian of the student named above, I request that the principal or principal's designee assist in the administration of medication/treatment prescribed for my child.

I understand that under provisions of Florida Statue 1006.062, there shall be no liability for civil damages as a result of the administration of medication when the person administrating such medication acts as an ordinarily reasonable, prudent person would have acted under the same or similar circumstances. I also grant permission for school personnel to contact the physician listed above if there are any questions or concerns about the medication. I have read the guidelines and agree to abide by them.

I authorize the physician to release information about this condition to school personnel.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**Parent/Guardian/Emergency Contact Information:**

\_\_\_\_\_  
Parent/Guardian Ph: (C) \_\_\_\_\_ (W) \_\_\_\_\_ (H) \_\_\_\_\_

\_\_\_\_\_  
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\_\_\_\_\_  
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\_\_\_\_\_  
Emergency Contact Ph: (C) \_\_\_\_\_ (W) \_\_\_\_\_ (H) \_\_\_\_\_